

Pedometer Power Online Workshop
January 9 - February 3, 2006
Instructor: Vicki J. Worrell, Ed.D

Want to learn about pedometers?
Here's your chance!!

Join Walk4Life , Inc.™ consultant, Robert Pangrazi as he explains the need for increased activity in children and the effectiveness of using pedometers to address this issue. Learn how to use various pedometer functions, how to measure stride length, distribute and maintain them, ideas for fundraising, advocacy tools and much more. Move through the topics at your own pace. Those taking it for credit will have until February 3rd to complete the assignments.

1-hour of college credit will be available for an additional fee



“Pedometer Power Online Workshop”
Registration Form

Workshop Fee: \$100.00
(Includes a book and a pedometer)

Name: _____

Address: _____

City: _____ State _____ Zip _____

E-mail: _____ Phone _____

Return this form with remittance to:
(make checks payable to ESU)

Vicki Worrell
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Emporia State University
Emporia, KS 66801

For more information, contact Vicki Worrell at 620-341-5993 worrellv@emporia.edu

To enroll for credit, contact Lifelong Learning 620-341-5385 or 877-332-4249
In State Tuition = \$177 per credit hour + \$45 tech fee
Out of State Tuition = \$243 per credit hour = \$45 tech fee



RETURN THIS FORM BY January 6, 2006